

NAME \_\_\_\_\_ BIRTHDATE: \_\_\_\_\_  
ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_  
PHONE \_\_\_\_\_ WOULD YOU LIKE TO RECEIVE TEXT APPOINTMENT REMINDERS? \*\*  Yes  No  
CELL PHONE PROVIDER(for reminders) \_\_\_\_\_ EMAIL\* \_\_\_\_\_  
EMERGENCY CONTACT \_\_\_\_\_ EMERGENCY CONTACT PHONE \_\_\_\_\_  
GUARDIAN(if applicable) \_\_\_\_\_ WHO MAY WE THANK FOR REFERRING YOU? \_\_\_\_\_

What is your main concern? \_\_\_\_\_  
When did these symptoms start? \_\_\_\_\_  
Did it come on:  suddenly  gradually

Please check any symptoms you are currently experiencing:

**GENERAL:**  Changes in weight  Fatigue  Fever  Chills  Difficulty sleeping  Anxiety  Depression

**EYES:**  Blurred Vision  Floaters  Eye pain  Discharge

**EARS:**  Ringing in ears  Ear pain  Swelling  Loss or changes in hearing  Discharge

**PULMONARY:**  Shortness of breathe  Chronic Cough  Wheezing  Snoring

**CARDIOVASCULAR:**  Chest Pain  Palpitations  Syncope (Fainting)  Lower leg swelling

**GASTROINTESTINAL:**  Abdominal pain  Difficulty swallowing  Vomiting  Nausea  Heart burn  Constipation  
 Diarrhea  Blood in stool

**GENITO-URINARY:**  Urinary frequency  Urgency  Pain  Blood in urine  Discharge

**NEUROLOGICAL:**  Dizziness  Numbness  Weakness  Balance problems  Headaches  Migraines

**MUSCULOSKELETAL:**  Back pain  Muscle pain  Joint pain

**OTHER (Please explain)** \_\_\_\_\_

Patient / Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Past Health History**

Do you have any medical diagnosis?  Yes  No  
If yes, Please explain: \_\_\_\_\_

Have you had any serious injuries?  Yes  No  
If yes, Please explain: \_\_\_\_\_

Have you ever been a patient in the hospital?  Yes  No  
If yes, Please explain: \_\_\_\_\_

Have you had any surgeries?  Yes  No  
If yes, Please explain: \_\_\_\_\_

Do you have any allergies (Medicine or food) that you know of?  Yes  No  
If yes, Please explain: \_\_\_\_\_

Are you currently taking any Prescription, Over The Counter Medications or Herbal Supplements?  Yes  No  
If yes, Please explain and state dosage : \_\_\_\_\_  
\_\_\_\_\_

**Family Health History**

Do any of your parents, grandparents, siblings or your children, have or have they every had:

<input type="checkbox"/> Heart disease	<input type="checkbox"/> Arthritis	<input type="checkbox"/> Food allergies / sensitivity
<input type="checkbox"/> Stroke	<input type="checkbox"/> Cancer	<input type="checkbox"/> Diabetes
<input type="checkbox"/> High blood pressure	<input type="checkbox"/> Tuberculosis	<input type="checkbox"/> Blood disorders
<input type="checkbox"/> Other (please explain) _____		

**Personal / Social History**

What type of work do you do? \_\_\_\_\_

How much exercise do you get? (hours/week) \_\_\_\_\_

What is your diet like? \_\_\_\_\_

How many hours of sleep do you usually get at night? \_\_\_\_\_

How often do you have a bowel movement? \_\_\_\_\_

Do you drink alcohol?  Yes  No If yes, how many drinks per week: \_\_\_\_\_

Do you smoke?  Yes  No If yes, how many packs per week: \_\_\_\_\_

Do you drink caffeine?  Yes  No If yes, how many cups per day: \_\_\_\_\_

How much stress do you have in your life? \_\_\_\_\_

Do you have any hobbies? \_\_\_\_\_

Patient / Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

\*By giving us your email address, you acknowledge your email will be used for communication purposes, including informing you of upcoming events and specials. You have the option to opt out of these communications at any time. We respect your privacy and we promise never to share, trade, sell, deliver, reveal, publicize, or market your email address in any way, shape, or form.

\*\*By opting in to text appointment reminders, you agree to receive texts from a 3rd party on behalf of this office approximately 24 hours in advance of your scheduled appointment time. You further acknowledge that missed text reminders, regardless of who is at fault, do not negate the patient cancellation/missed appointment policy. Text reminders are an automated convenience option and it is ultimately your responsibility to be aware of and keep your scheduled appointments.

**Authorization and Release**

I certify that I am the patient or legal guardian listed above and I have the legal authority to authorize the examination and treatment of the above patient. I have read and understand the included information and certify it to be true and accurate to the best of my knowledge. I consent to the collection and use of the above information to this office. I authorize and consent to physical examination and receipt of healthcare services including, but not limited to, diagnostic procedures and medical treatment necessary to my care, health coaching and wellness screening services as the doctors see fit. I understand this authorization applies and extends to subsequent visits and shall be valid until rescinded in writing or replaced by one of a later date. By agreeing to receive treatment, I acknowledge that my/my child's medical care, services and treatment will be provided by physicians as well as other assisting healthcare professionals (such as, Chiropractic Assistants, Residents, Interns, Personal Trainers or other Providers as designated by the treating physician). I hereby authorize the doctor to release all information necessary to any insurance company, attorney, or adjuster for the purpose of claim reimbursement of charges incurred by me. I grant the use of my signed statement of authorization with my signature for required insurance submissions. I clearly understand and agree that all services rendered me are charged directly to me and that I am personally responsible for payment regardless of possible insurance reimbursement status

Patient / Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_